

PROMOTORES OF SOUTH TEXAS INSTITUTE

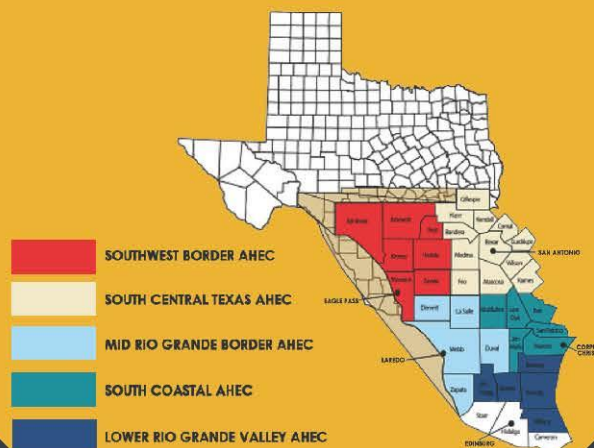
Community Health Worker Training Program



ABOUT SOUTH TEXAS AHEC

The South Texas Area Health Education Center (ST-AHEC) was founded in 1990 and, since inception, continues to focus on improving healthcare by addressing the unique challenges throughout South Texas. The catchment area of the ST-AHEC includes 35 counties in South Texas, serviced by five regional AHEC centers. Our region, particularly along the Texas-Mexico border, is characterized as predominantly Hispanic, medically underserved area with a large portion of the population living below the poverty level with little or no access to health care services. Each of the 35 counties has unique indices that contribute to the health and economic disparities. Through the Center for South Texas Programs (CSTP) at UT Health San Antonio, the AHEC Program Office provides oversight and direction to five Regional AHEC Centers through contractual agreements. Each of the five centers has a 501c3 non-profit designation with a diverse governing board and a rich network of community partners sharing the same vision that supports the mission of each center.

Center for South Texas Programs
Regional Service Area



WHAT IS A COMMUNITY HEALTH WORKER/PROMOTOR DE SALUD?

What is a Community Health Worker (CHW) / Promotores De Salud?
A Community Health Worker (CHW) who, with or without compensation, is a liaison and provides cultural mediation between health care, social services and the community. A promotor(a) or community health worker: is a trusted member, and has a close understanding of, the ethnicity, language, socio-economic status, and life experiences of the community served.

A promotor(a) or community health worker assists people to gain access to needed services and builds individual, community, and system capacity. They help increase health knowledge and self-sufficiency through a range of activities such as outreach, patient navigation and follow-up, community health education and information, informal counseling, social support, advocacy, and participation in clinical research.



STATE OF TEXAS CHW CERTIFICATION REQUIREMENTS

The Texas Department of State Health Services (DSHS) established the CWH program, in accordance with Health and Safety Code Chapter 48, to operate a program designed to train and educate persons who act as promotoras or CHWs.

CHWs demonstrate skills in the eight **core competencies** and must meet the following certification requirements:

- Texas resident
- Must be 16 years old
- Completion of an approved DSHS certified 160-hour competency-based Community Health Worker training program.

OR

Experience – At least 1000 cumulative hours of community health work services within the most recent three (3) years. Experience will be verified with the supervisor(s) noted in the application.



COURSE REQUIREMENTS

- 160-hour curriculum
- 8 competencies will be covered: Communication, Interpersonal skills, Service coordination, Capacity Building, Advocacy Skills, Teaching Skills, Organizational Skills and Knowledge
- 40 lessons- 5 lessons for each of the competencies required by the state.
- Homework will be assigned periodically.
- This is an interactive course. You will be required to input and share ideas and thoughts with the class.
- A final presentation will be required to be given orally.

COURSE FEE: \$500



*Community Health Worker state application will be due by the end of course and will be submitted for certification.

CONTACT US

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*This course is approved by the Texas Department of State Health Services through the South Coastal AHEC CHW Training Site #47 (TDSHS CHW to provide Community Health Worker/Promotora training)

